



19th annual

5K RUN/WALK/WHEEL

to benefit the Steelwheelers,  
a sports organization for the physically challenged.

Hosted by WPTLA.

Saturday, October 12, 2019

### The Event

In our continuing efforts to lend a helping hand to our neighbors and the community at large, the Western Pennsylvania Trial Lawyers Association (WPTLA) is sponsoring our **19th President's Challenge 5K Run/Walk/Wheel on Saturday, October 12, 2019** at the **Boathouse in North Park, Pittsburgh.**

When you run, walk, wheel or hand cycle for the President's Challenge 5K, you'll be helping to raise funds to support the **Steelwheelers**, a local non-profit organization which supports programs for the physically challenged. The money that we raise for the Steelwheelers is put to good use in helping to fund the costs of competition for wheelchair basketball, rugby, track & field, and hand cycling. The Steelwheelers travel to numerous states for competition. Money is needed for transportation, hotels, uniforms, and registration fees.

### About the Course

The 5K course starts at the Boathouse, follows Tennis Court Road, and continues through the park onto Lake Shore Drive before turning at the parking lot at Kolich Grove, returning to the start.

### Free Parking at the North Park Boathouse

10301 Pearce Mill Road, Allison Park, PA 15101

### T-Shirts and Door Prizes

Free race t-shirts for all pre-registrants and door prizes available to all attendees.

### Raffle Prizes

Bring some cash for awesome raffle prizes. Tickets are 1 for \$5.00, 3 for \$10.00, or 10 for \$20.00.



### Awards!!

Presentation follows the race in these categories:

- 1st, 2nd & 3rd Place Male and Female Runners
- 1st, 2nd & 3rd Place Male and Female Walkers
- 1st, 2nd & 3rd Place Male and Female Wheelers
- 1st, 2nd, & 3rd Place Male and Female Hand Cyclists
- 1st, 2nd & 3rd Place Male and Female WPTLA Members
- 1st, 2nd & 3rd Place Male and Female 15 and Under

Timing is provided by  
Miles of Smiles.



Race results will be posted on our website after the event at [wptla.org](http://wptla.org).

### Sign Up!

Saturday, October 12, 2019

- On-site Registration 9:00 a.m.
- Warm-up: 9:45 a.m.
- Wheelers and Hand Cycles Start: 10:00 a.m.
- Runners/Walkers Start: 10:10 a.m.
- Awards: 11:30 a.m.

Pre-Registration is \$25.00 per adult and \$10.00 per child (18 and under.) **To receive a race t-shirt in your size, registration must be received by September 25, 2019.** Registrations received after September 25, 2019 will not be guaranteed a t-shirt.

To register for the 5K Run/Walk/Wheel, complete and detach the registration form, **mail the original with your signature and your check made payable to WPTLA** to: WPTLA, 909 Mount Royal Blvd., Suite 102, Pittsburgh, PA 15223-1030.

OR

Go to <http://wptla.org/events> to register and pay online.

Feel free to make copies for family and friends, but please use one form for each registrant. Complete and mail to: WPTLA, 909 Mount Royal Blvd., Suite 102, Pittsburgh, PA 15223-1030. Call 412-487-7644 with questions.

**Pre-Registration: \$25.00**  
**Children 18 & under: \$10.00**  
 To receive a t-shirt in your size, registration must be received by **Wed, September 25, 2019.**

**Late/On-Site Registration: (Not guaranteed a t-shirt)**  
**Adults \$30.00**  
**Children 18 & under: \$10.00**  
**Make check payable to: WPTLA**

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PLEASE CIRCLE: **M** or **F**

**Choose One:** \_\_\_\_\_ 5K RUN \_\_\_\_\_ 5K WALK \_\_\_\_\_ 5K WHEEL \_\_\_\_\_ 5K HAND CYCLE

**T-Shirt Size—Please choose one:** \_\_\_\_\_ Youth Large \_\_\_\_\_ Adult Small \_\_\_\_\_ Adult Medium \_\_\_\_\_ Adult Large \_\_\_\_\_ Adult XL \_\_\_\_\_ Adult XXL \_\_\_\_\_ WPTLA member? Y or N

WAIVER: I hereby waive all claims against the Western Pennsylvania Trial Lawyers Association and event sponsors, personnel, and volunteers for any injury that I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running/walking/wheeling in this event, including, but not limited to: falls; contact with other participants; the effects of the weather, including traffic; and the condition of the road and/or trails, as such risks are known and appreciated by me. I grant full permission for the organizers to use photographs of me and quotations from me in legitimate accounts and promotions of the event.

Signature \_\_\_\_\_ Date: \_\_\_\_\_  
 Signature of Participant or Guardian \_\_\_\_\_

**DON'T MISS  
THIS EVENT!!**

Register now to help us  
help the Steelwheelers.

**Family & Pet  
Friendly!!**

Scan now to register!



**5K RUN/WALK/WHEEL**  
SATURDAY, OCTOBER 12, 2019  
NORTH PARK—Boathouse  
Registration begins at 9:00 a.m.  
Race begins at 10:00 a.m.

**FREE PARKING**  
Boathouse, 10301 Pearce Mill Road, Allison Park, PA 15101

**REGISTRATION/START:**  
Start by Boathouse, pass Tennis Courts, L onto Lake Shore Drive to turn at parking lot at Kolich Grove, then back.

**DON'T FORGET SOME CASH!!!**  
Raffle tickets will be sold on race day for some great prizes. Monies collected will benefit the Pittsburgh Steelwheelers.  
Ticket prices:  
1 Ticket = \$5.00, 3 Tickets = \$10.00, 10 Tickets = \$20.00

## 19th annual 5K RUN/WALK/WHEEL

to benefit the  
**Steelwheelers**,  
a sports organization for the  
physically challenged.

**Sat., Oct. 12, 2019**



**Boathouse Trail at North Park**  
Registration 9:00 a.m.  
Wheel and Hand Cycle Start 10:00 a.m.  
5K Run/Walk Start 10:10 a.m.

*Timing by Miles of Smiles*



Event hosted by:  
**The Western Pennsylvania  
Trial Lawyers Association**  
909 Mount Royal Blvd, Ste 102  
Pittsburgh, PA 15223-1030  
Phone: 412-487-7644 Fax: 412-487-7645  
Email: [laurie@wptla.org](mailto:laurie@wptla.org)  
[www.wptla.org](http://www.wptla.org)